

Courage

Courage is a warrior virtue. What are the nature and source of Courage? How does one conquer its opposite, Fear?

What Is Courage?

Courage is the total absence of fear in any form. [CWM2, 10:282]

Integral courage: the domain, whatever the danger, the attitude remains the same—calm and assured.

*

Courage is a sign of the soul's nobility.

But courage must be calm and master of itself, generous and benevolent.

[CWM2, 14:169]

True courage, in its deepest sense, is to be able to face everything, everything in life, from the smallest to the greatest things, from material things to those of the spirit, without a shudder, without physically ... without the heart beginning to beat faster, without the nerves trembling or the slightest emotion in any part of the being. Face everything with a constant consciousness of the divine Presence, with a total self-giving to the Divine, and the whole being unified in this will; then one can go forward in life, can face anything whatever. I say, without a shudder, without a vibration; this, you know, is the result of a long effort, unless one is born with a special grace, born like that. But this indeed is still more rare,

[CWM2, 7:31]

Courage: An Indispensable Virtue

Courage and love are the only indispensable virtues; even if all the others are eclipsed or fall asleep, these two will save the soul alive. [CWM2, 10:281]

Source of Courage

When we trust in the Divine's Grace we get an unfailing courage. [CWM2, 14:92]

To Be Courageous: Master the Fear

To overcome one's fear means that there is one part of the being which is stronger than the other, and which has no fear and imposes its own intrepidity on the part which is afraid. But this doesn't necessarily imply that one is more courageous than the one who has no fear to master. Because the one who doesn't have any fear to master ... this means that he is courageous everywhere, in all the parts of his being.

[CWM2, 7:31]

Courage and Aspiration

...once we spoke of courage as one of the perfections; I remember having written it down once in a list. But this courage means having a taste for the supreme adventure. And this taste for supreme adventure is aspiration—an aspiration which takes hold of you completely and flings you, without calculation and without reserve and without a possibility of withdrawal, into the great adventure of the divine discovery, the great adventure of the divine meeting, the yet greater adventure of the divine Realisation; you throw yourself into the adventure without looking back and without asking for a single minute, "What's going to happen?" For if you ask what is going to happen, you never start, you always remain stuck there, rooted to the spot, afraid to lose something, to lose your balance.

That's why I speak of courage—but really it is aspiration. They go together. A real aspiration is something full of courage.
[CWM2, 8:40-41]

